



FLUSHING MIDDLE SCHOOL MENU

SECOND LUNCH \$3.00 COLD LUNCH/ADDITIONAL MILK \$.60

ADULT MILK \$.70 ADULT LUNCH \$5.00

Sonia Shortz, CNS 810-591-2795

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
L I N E 1	CHICKEN PATTY SPICY CHICKEN CHEESEBURGER W/ CHIPS SLICE PIZZA NACHOS	CHICKEN PATTY SPICY CHICKEN CHEESEBURGER FRIES OR CHIPS BOSCO STICKS W/SAUCE	CHICKEN PATTY SPICY CHICKEN CHEESEBURGER W/ CHIPS CALZONES NACHOS	CHICKEN PATTY SPICY CHICKEN CHEESEBURGER FRIES OR CHIPS BOSCO STICKS W/SAUCE	CHICKEN PATTY SPICY CHICKEN CHEESEBURGER W/ CHIPS FRENCH BREAD PIZZA NACHOS
C E N T E R	ASST. WRAPS CHIPS CHICKEN CAESAR SALAD	ASST. WRAPS CHIPS CHICKEN GARDEN SALAD DINNER ROLL	ASST. WRAPS CHIPS WEEK 1 & 3 SOUTHWEST SALAD TORTILLA CHIPS WEEK 2 & 4 TACO SALAD	ASST. WRAPS CHIPS STRAWBERRY CHICKEN SALAD MUFFIN	ASST. WRAPS CHIPS CHEF SALAD MUFFIN
L I N E 2	CHICKEN NUGGETS MASHED POTATO & GRAVY DINNER ROLL	WEEK 1 & 3 PASTA BAR BREADSTICK WEEK 2 & 4 ASIAN CHICKEN OVER RICE STIR FRY VEGETABLE FORTUNE COOKIE	WEEK 1 & 3 NACHOS / TACO BAR WEEK 2 & 4 NACHOS / BURRITOS BAR	WEEK 1 & 3 SUB BAR W/ CHIPS WEEK 2 & 4 BURGER BAR BAKED FRIES	WEEK 1 & 3 CHICKEN TENDERS BAKED FRIES MUFFIN WEEK 2 & 4 BONELESS CHICKEN WINGS BAKED SEASONED FRIES MUFFIN
	CORN FRESH CARROT STICKS MANDARIN ORANGES MILK	ROMAINE SIDE SALAD PEACHES MILK	REFRIED BEANS OR FIESTA BLACK BEANS SPANISH RICE SLICED CUCUMBERS PINEAPPLE MILK	BAKED BEANS FRESH BROCCOLI / RED PEPPERS FRUIT COCKTAIL MILK	CHERRY TOMATOES APPLESAUCE CUP MILK

PICK 3 OR 4 FOR A HEALTHY LUNCH! INCLUDE (AT LEAST) 1/2c. FRUIT, 1/2c. VEGETABLE OR 1/2c. COMBO.

***FRESH FRUIT AND FRESH VEGETABLE DAILY.**

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